

REAL COLLEGE SURVEY DATA ON BASIC NEEDS AMONG
MT. SAC STUDENTS REPORT

SUMMARY

The data for this report is from the larger study from the 2023 Real College Survey administered by the RP Group to all the California community colleges. The data reflects the responses specifically for Mount San Antonio College (Mt. SAC) with a total of 2,061 responses. The raw data was decoded using the College Codebook provided by the RP Group using Access and data analysis was completed in Excel.

Notes to consider while reading the report:

1. The racial/ethnic categorization mirrors the same groups reported in the “Affordability, Food, and Housing Access Taskforce Report Real College California: Basic Needs Among California Community College Students” (Real College Report).
2. The racial/ethnic category “Other Asian” includes East, South, and other Asian which mirrors how the groups are aggregated in the Real College Report.
3. The total count included in each question varied depending on the focus of the question. The total count is indicated in each question either explicitly or noted with an asterisk.

The report is presented in the following order:

1. Student demographic data
2. Food and housing insecurity data
3. Awareness and usage of food services on campus data
4. College affordability
5. Mt. SAC data comparison to the California Community College system on food insecurity, housing insecurity, and homelessness

STUDENT DEMOGRAPHIC DATA

Student Demographics		
	n	%
All students	2,061	100%
Race/Ethnicity		
African American or Black	95	5%
American Indian or Alaskan Native	45	2%
Hispanic or Latinx	797	39%
Middle Eastern or North African or Arab or Arab American	26	1%
Pacific Islander or Native Hawaiian	24	1%
Southeast Asian	102	5%
Other Asian	295	14%
White or Caucasian	324	16%
Other	47	2%
Did not respond	306	15%
Gender Identity		
Gender fluid/Non-binary	48	2%
Female	938	45%
Male	479	23%
Prefer not to state	40	2%
Identity not listed	6	<1%
Did not respond	550	27%
Age		
18 to 20 years old	498	24%
21 to 25 years old	306	15%
26 to 30 years old	160	8%
30 years or older	512	25%
Did not respond	585	28%

Student Demographics		
	n	%
Transgender		
Yes	49	2%
No	1,459	71%
Did not respond	553	27%
Sexual Identity		
Asexual	58	3%
Bisexual	147	7%
Gay	33	2%
Straight	1,061	51%
Lesbian	24	1%
Pansexual	44	2%
Queer	46	2%
Questioning or unsure	44	2%
Same-gender love	13	<1%
Prefer not to disclose	119	6%
First-generation College Student		
Yes	875	42%
No	563	27%
I don't know	63	3%
Did not respond	560	27%
Unit Load		
Part-time (less than 12 units)	1,124	55%
Full-time (at least 12 units)	906	44%
Did not respond	31	1%
Employment Status		
Employed	1,166	57%
Not Employed, looking for	211	10%
Not Employed, not looking	289	14%
Did not respond	395	19%

Student Demographics		
	n	%
Pell Grant		
Yes	751	36%
No	849	41%
Did not respond	461	22%
Disability or Medical Condition		
Learning Disability	138	7%
Attention deficit hyperactivity disorder (ADHD)	194	9%
Autism	71	3%
Physical Disability	117	6%
Chronic Illness	236	11%
Psychological Disorder	483	23%
Military Status		
Yes	42	2%
No	1,466	71%
Did not respond	553	27%
Dependency Status		
Yes	355	17%
No	914	44%
I don't know	233	11%
Did not respond	559	27%
Foster Care		
Yes	55	3%
No	1,451	70%
Did not respond	555	27%

FOOD AND HOUSING INSECURITY DATA

Any Insecurity Indicated (n=2,061)		
	n	%
At least 1 insecurity	1,024	50%
No insecurities	669	32%
Did not respond	368	18%
At least 1 Insecurity by Race/Ethnicity (n=1,075)*		
	n	%
African American or Black	74	7%
American Indian or Alaskan Native	34	3%
Hispanic or Latinx	529	49%
Middle Eastern or North African or Arab or Arab American	25	2%
Pacific Islander or Native Hawaiian	15	1%
Southeast Asian	45	4%
Other Asian	152	14%
White or Caucasian	16	1%
Other	185	17%

**Reflects the individual count selected for race/ethnicity. The total will exceed the sum presented in the aggregated question*

Food Insecurity (n=2,061)		
	n	%
Insecure	658	32%
Secure	975	47%
Did not respond	428	21%
Food Insecure by Race/Ethnicity (n=738)*		
	n	%
African American or Black	58	8%
American Indian or Alaskan Native	29	4%
Hispanic or Latinx	358	48%
Middle Eastern or North African or Arab or Arab American	7	<1%
Pacific Islander or Native Hawaiian	11	1%
Southeast Asian	28	4%
Other Asian	93	13%
White or Caucasian	134	18%
Other	20	3%

**Reflects the individual count selected for race/ethnicity. The total will exceed the sum presented in the aggregated question*

Food Insecurity Level (n=2,061)		
	n	%
Very low food security	357	17%
Low food security	301	15%
Marginal food security	236	11%
High food security	739	36%
Did not respond	428	21%

Food Security Level by Race/Ethnicity Count and Combined Percentage of Very Low, Low and Marginal Security Responses (n=2,061)					
	Very low security	Low food security	Marginal food security	High food security	Very low, low, and marginal %
African American or Black	33	25	7	30	68%
American Indian or Alaskan Native	20	9	4	12	73%
Hispanic or Latinx	206	152	120	316	60%
Middle Eastern or North African or Arab or Arab American	6	1	6	13	50%
Pacific Islander or Native Hawaiian	6	5	3	10	58%
Southeast Asian	14	14	17	57	44%
Other Asian	37	56	38	158	45%
White or Caucasian	72	62	34	152	53%
Other	13	7	4	23	51%

Food Insecurity Items of Students who Responded “Often True,” “Sometimes True,” or “Yes” (n=2,061)

	%
I was worried whether my food would run out before I got money to buy more	35%
The food I that I bought just did not last long and I did not have the money to buy more.	30%
I couldn't afford to eat balanced meals.	35%
I ate less than I felt I should because there was not enough money for food.	24%
I cut the size of meals or skipped meals because there was not enough money for food.	23%
I was hungry but did not eat because there weas not enough money for food.	19%
I lost weight because there was not enough money for food.	12%
I did not eat for a whole day because there was not enough money for food.	6%

Housing Insecurity (n=2,061)		
	n	%
Insecure	887	43%
Secure	806	39%
Did not respond	368	18%
Housing Insecure by Race/Ethnicity (n=921)*		
	n	%
African American or Black	67	7%
American Indian or Alaskan Native	31	3%
Hispanic or Latinx	469	51%
Middle Eastern or North African or Arab or Arab American	15	2%
Pacific Islander or Native Hawaiian	14	2%
Southeast Asian	36	4%
Other Asian	115	13%
White or Caucasian	151	16%
Other	23	2%

**Reflects the individual count selected for race/ethnicity. The total will exceed the sum presented in the aggregated question*

Housing Insecurity Items of Students who Responded "Yes" (n=2,061)

	%
In the past 12 months, was there a rent or mortgage increase that made it difficult to pay?	25%
You were unable to pay or underpaid rent or mortgage	20%
In the past 12 months, have you not paid the full amount of gas, oil, or electricity bill?	19%
In the past 12 months, have you moved in with other people, even for a little while, because of financial problems?	16%
In the past 12 months, have you lived with other beyond the expected capacity of the housing?	14%
In the past 12 months, have you had an account default or go into collections?	11%
In the past 12 months, did you leave your household because you felt unsafe?	6%
In the past 12 months, have you 3 or more times?	3%
In the past 12 months, have you received a summon to appear in housing court?	3%

Demographics	Food Insecurity	Housing Insecurity	Homelessness
All students (n=2,061)	32%	43%	14%
Gender Identity			
Gender fluid/Non-binary	33%	56%	23%
Female	42%	55%	15%
Male	40%	50%	20%
Identity not listed	66%	50%	17%
Transgender Identity			
Transgender	35%	57%	24%
Sexual Identity			
Asexual	45%	55%	14%
Bisexual	46%	55%	22%
Gay	42%	58%	21%
Straight	40%	53%	16%
Lesbian	46%	42%	4%
Pansexual	48%	68%	27%
Queer	28%	59%	20%
Questioning or unsure	39%	52%	16%
Same-gender love	38%	46%	8%
Age			
18 to 20 years old	31%	37%	10%
21 to 25 years old	46%	58%	24%
26 to 30 years old	49%	68%	25%
30 years or older	42%	62%	17%

Demographics	Food Insecurity	Housing Insecurity	Homelessness
Race/Ethnicity			
African American or Black	61%	71%	31%
American Indian or Alaskan Native	64%	69%	36%
Hispanic or Latinx	45%	59%	15%
Middle Eastern or North African or Arab or Arab American	27%	58%	31%
Pacific Islander or Native Hawaiian	46%	58%	21%
Southeast Asian	27%	35%	13%
Other Asian	32%	39%	19%
White or Caucasian	42%	47%	19%
Other	43%	49%	17%
Unit Load			
Part-time (less than 12 units)	30%	42%	11%
Full-time (at least 12 units)	34%	45%	17%
Dependency Status			
Dependent	30%	39%	21%
Independent	46%	62%	20%
Student receives Pell Grant			
Yes	45%	59%	21%
No	29%	40%	10%
Student with Children			
Yes	50%	62%	18%
No	36%	50%	17%
Single Parent Status			
Single parent	67%	80%	29%
Not single parent	39%	89%	12%
Foster Care			
Yes	76%	76%	47%
No	39%	52%	16%

Demographics	Food Insecurity	Housing Insecurity	Homelessness
Military Status			
Yes	38%	62%	31%
No	41%	53%	16%
Employment Status			
Employed	40%	53%	17%
Not employed, looking for work	39%	51%	18%
Not employed, not looking for work	18%	28%	5%
Disability or Medical Condition			
Learning Disability	59%	72%	30%
Attention Deficit Hyperactivity Disorder (ADHD)	57%	65%	29%
Autism	41%	46%	27%
Physical Disability	61%	73%	32%
Chronic Illness	54%	65%	25%
Psychological Disorder	52%	65%	26%

AWARENESS AND USAGE OF FOOD SERVICES ON CAMPUS DATA

Students who Indicated “No” or “I don’t know” Regarding their Awareness of Food Services on Campus

	No		I don't know	
	n	%	n	%
Food Pantry	149	7%	380	18%
Free Snacks	404	20%	781	38%
Campus Cafeteria	139	7%	283	14%
Campus Store	124	6%	275	13%
Food Truck	265	13%	662	32%

Students who Indicated their Awareness of Food Services on Campus and Usage

	Yes, have <i>not</i> used in past 12 month		Yes, have used in past 12 months	
	n	%	n	%
Food Pantry	647	31%	372	18%
Free Snacks	167	8%	182	9%
Campus Cafeteria	640	31%	493	24%
Campus Store	533	26%	617	30%
Food Truck	467	23%	146	7%

COLLEGE AFFORDABILITY

How Students Pay Expenses Associated with Attending College (n=2,061)

	Yes		No	
	n	%	n	%
Pell Grant	751	36%	849	41%
College Grants	665	32%	905	44%
Work-study jobs	229	11%	1,286	62%
State/Federal Grant	877	43%	724	35%
Student Loans	170	8%	1,326	64%
Stipend/Fellowships	59	3%	1,411	68%
Credit Cards	739	36%	835	40%
Savings	916	44%	699	34%

Students who Indicated Using Savings and Credit Card to Pay for College by Race/Ethnicity

	Savings		Credit Cards	
	n	%	n	%
African American or Black	46	5%	43	6%
American Indian or Alaskan Native	23	3%	23	3%
Hispanic or Latinx	403	46%	307	44%
Middle Eastern or North African or Arab or Arab American	15	2%	15	2%
Pacific Islander or Native Hawaiian	14	2%	10	1%
Southeast Asian	51	6%	50	7%
Other Asian	147	17%	129	18%
White or Caucasian	152	17%	108	15%
Other	21	3%	19	3%

**Reflects the percentage of respondents who indicated “yes” for the questions pertaining to savings (n=872) and credit card (n=704)*

MT. SAC DATA COMPARISON TO THE CALIFORNIA
COMMUNITY COLLEGE SYSTEM ON FOOD INSECURITY,
HOUSING INSECURITY, AND HOMELESSNESS

Basic Needs Insecurity Data Comparison Between Mt. SAC and the California Community College (CCC)

	Mt. SAC*	CCC	% Difference between Mt. SAC and CCC
At least one insecurity	50%	68%	-18%
Food Insecurity	32%	47%	-15%
Housing Insecurity	43%	58%	-15%
Homelessness	14%	24%	-10%

**Reflects the percentage out of the total number of respondents (n=2,061)*

FOOD INSECURITY DATA COMPARISON BETWEEN MT. SAC AND CALIFORNIA COMMUNITY COLLEGE

Food Insecurity Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
All students	32%	47%	-15%
Gender Identity			
Female	42%	48%	-6%
Male	40%	46%	-6%
Gender fluid/Non-binary, Identity not listed, or Other gender identity	37%	53%	-16%
Transgender Identity			
Transgender	35%	74%	39%
Sexual Identity			
Bisexual	46%	53%	-7%
Gay or Lesbian	44%	57%	-13%
Heterosexual or straight	40%	46%	-6%
Not sure, or neither heterosexual, gay, lesbian, or bisexual	40%	50%	-10%
Age			
18 to 20 years old	31%	35%	-4%
21 to 25 years old	46%	56%	-10%
26 to 30 years old	49%	59%	-10%
30 years or older	42%	48%	-6%

Food Insecurity Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
Race/Ethnicity			
African American or Black	61%	62%	-1%
American Indian or Alaskan Native	64%	67%	-3%
Hispanic or Latinx	45%	46%	-1%
Middle Eastern or North African or Arab or Arab American	27%	47%	-20%
Pacific Islander or Native Hawaiian	46%	59%	-13%
Southeast Asian	27%	43%	-16%
Other Asian	32%	41%	-9%
White or Caucasian	42%	47%	-5%
Other	43%	52%	-9%
Unit Load			
Part-time (less than 12 units)	30%	44%	-14%
Full-time (at least 12 units)	34%	49%	-15%
Dependency Status			
Dependent	30%	43%	-13%
Independent	46%	51%	-5%
Student receives Pell Grant			
Yes	45%	52%	-7%
No	29%	42%	-13%
Student with Children			
Yes	50%	70%	-20%
No	36%	55%	-19%
Single Parent Status (only among parents)			
Single parent	67%	86%	-19%
Not single parent	39%	60%	-21%

Food Insecurity Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
Foster Care			
Yes	76%	81%	-5%
No	39%	45%	-6%
Military Status			
Yes	38%	64%	-26%
No	41%	46%	-5%
Employment Status			
Employed	40%	50%	-10%
Not employed, looking for work	39%	46%	-7%
Not employed, not looking for work	18%	28%	-10%
Disability or Medical Condition			
Learning Disability	59%	68%	-9%
Attention Deficit Hyperactivity Disorder (ADHD)	57%	63%	-6%
Autism	41%	69%	-28%
Physical Disability	61%	66%	-5%
Chronic Illness	54%	61%	-7%
Psychological Disorder	52%	58%	-6%

Food Insecurity Data Comparison Between Mt. SAC and the CCC by Race/Ethnicity			
	Mt. SAC*	CCC	% Difference between Mt. SAC and CCC
African American or Black	61%	62%	-1%
American Indian or Alaskan Native	64%	67%	-3%
Hispanic or Latinx	45%	46%	-1%
Middle Eastern or North African or Arab or Arab American	27%	47%	-20%
Pacific Islander or Native Hawaiian	46%	59%	-13%
Southeast Asian	27%	43%	-16%
Other Asian	32%	41%	-9%
White or Caucasian	42%	47%	-5%
Other	43%	52%	-9%

**Reflects the percentage of respondents who indicated “yes” or “no” for this specific question (n=1,742)*

Comparison Between Mt. SAC and CCC on Food Insecurity			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
I was worried whether my food would run out before I got money to buy more	35%	52%	-17%
The food I that I bought just did not last long and I did not have the money to buy more.	30%	50%	-20%
I couldn't afford to eat balanced meals.	35%	45%	-10%
I ate less than I felt I should because there was not enough money for food.	24%	34%	-10%
I cut the size of meals or skipped meals because there was not enough money for food.	23%	34%	-9%
I was hungry but did not eat because there weas not enough money for food.	19%	27%	-8%
I lost weight because there was not enough money for food.	12%	19%	-7%
I did not eat for a whole day because there was not enough money for food.	6%	13%	-7%

HOUSING INSECURITY DATA COMPARISON BETWEEN MT. SAC AND CCC

Housing Insecurity Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
All students (n=2,061)	43%	58%	-15%
Gender Identity			
Female	55%	61%	-6%
Male	50%	55%	-5%
Gender fluid/Non-binary, Identity not listed or Other gender identity	55%	60%	-5%
Transgender Identity			
Transgender	57%	78%	-21%
Sexual Identity			
Bisexual	55%	62%	-7%
Gay or lesbian	51%	67%	-16%
Heterosexual or straight	53%	58%	-5%
Not sure, or neither heterosexual, gay, lesbian, or bisexual	58%	60%	-2%
Age			
18 to 20 years old	37%	40%	-3%
21 to 25 years old	58%	64%	-6%
26 to 30 years old	68%	76%	-8%
30 years or older	62%	68%	-6%

Housing Insecurity Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
Race/Ethnicity			
African American or Black	71%	72%	-1%
American Indian or Alaskan Native	69%	70%	-1%
Hispanic or Latinx	59%	60%	-1%
Middle Eastern or North African or Arab or Arab American	58%	56%	+2%
Pacific Islander or Native Hawaiian	58%	58%	0%
Southeast Asian	35%	47%	-7%
Other Asian	39%	49%	-10%
White or Caucasian	47%	47%	0%
Other	49%	67%	-18%
Unit Load			
Part-time (less than 12 units)	42%	59%	-17%
Full-time (at least 12 units)	45%	58%	-13%
Dependency Status			
Dependent	39%	48%	-9%
Independent	62%	66%	-4%
Student receives Pell Grant			
Yes	59%	67%	-8%
No	40%	52%	-12%
Student with Children			
Yes	62%	70%	-8%
No	50%	55%	-5%
Single Parent Status (only among parents)			
Single parent	80%	86%	-6%
Not single parent	89%	60%	+29%

Housing Insecurity Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
Foster Care			
Yes	76%	82%	-6%
No	52%	57%	-5%
Military Status			
Yes	62%	76%	-14%
No	53%	58%	-5%
Employment Status			
Employed	53%	62%	-9%
Not employed, looking for work	51%	58%	-7%
Not employed, not looking for work	28%	40%	-12%
Disability or Medical Condition			
Learning Disability	72%	74%	-2%
Attention Deficit Hyperactivity Disorder (ADHD)	65%	71%	-6%
Autism	46%	69%	-23%
Physical Disability	73%	73%	0%
Chronic Illness	65%	71%	-6%
Psychological Disorder	65%	69%	-4%

Housing Insecurity Data Comparison Between Mt. SAC and the CCC by Race/Ethnicity

	Mt. SAC*	CCC	% Difference between Mt. SAC and CCC
African American or Black	71%	72%	-1%
American Indian or Alaskan Native	69%	70%	-1%
Hispanic or Latinx	59%	60%	-1%
Middle Eastern or North African or Arab or Arab American	58%	56%	+2%
Pacific Islander or Native Hawaiian	58%	58%	0
Southeast Asian	35%	47%	-12%
Other Asian	39%	49%	-10%
White or Caucasian	47%	55%	-8%
Other	49%	67%	-18%

*Reflects the percentage of respondents who indicated "yes" or "no" for this specific question (n=1,754)

Comparison Between Mt. SAC and CCC on Housing Insecurity			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
In the past 12 months, was there a rent or mortgage increase that made it difficult to pay?	25%	34%	-10%
You were unable to pay or underpaid rent or mortgage	20%	29%	-9%
In the past 12 months, have you not paid the full amount of gas, oil, or electricity bill?	19%	28%	-9%
In the past 12 months, have you moved in with other people, even for a little while, because of financial problems?	16%	22%	-6%
In the past 12 months, have you lived with other beyond the expected capacity of the housing?	14%	20%	-6%
In the past 12 months, have you had an account default or go into collections?	11%	18%	-7%
In the past 12 months, did you leave your household because you felt unsafe?	6%	11%	-5%
In the past 12 months, have you 3 or more times?	3%	5%	-2%
In the past 12 months, have you received a summon to appear in housing court?	3%	5%	-2%

HOMELESSNESS DATA COMPARISON BETWEEN MT. SAC AND CCC

Homelessness Data Comparison Between Mt. SAC and the CCC by Race/Ethnicity

	Mt. SAC*	CCC	% Difference between Mt. SAC and CCC
African American or Black	31%	39%	-8%
American Indian or Alaskan Native	36%	46%	-10%
Hispanic or Latinx	15%	18%	-3%
Middle Eastern or North African or Arab or Arab American	31%	32%	-1%
Pacific Islander or Native Hawaiian	21%	39%	-18%
Southeast Asian	13%	20%	-7%
Other Asian	19%	25%	-6%
White or Caucasian	19%	29%	-10%
Other	17%	29%	-12%

**Reflects the percentage of respondents who indicated "yes" or "no" for this specific question (n=1,755)*

Homelessness Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
All students	14%	58%	-44%
Gender Identity			
Female	15%	22%	-7%
Male	20%	29%	-9%
Gender fluid/Non-binary, Identity not listed, or other gender identity	22%	35%	-13%
Transgender Identity			
Transgender	24%	64%	-40%
Sexual Identity			
Bisexual	22%	28%	-6%
Gay or Lesbian	14%	36%	-22%
Heterosexual or straight	16%	23%	-7%
Not sure, neither heterosexual, gay, lesbian, or bisexual	18%	29%	-11%
Age			
18 to 20 years old	10%	17%	-7%
21 to 25 years old	24%	30%	-6%
26 to 30 years old	25%	34%	-10%
30 years or older	17%	22%	-5%

Homelessness Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
Race/Ethnicity			
African American or Black	31%	39%	-8%
American Indian or Alaskan Native	36%	46%	-10%
Hispanic or Latinx	15%	18%	-3%
Middle Eastern or North African or Arab or Arab American	31%	32%	-1%
Pacific Islander or Native Hawaiian	21%	39%	-18%
Southeast Asian	13%	20%	-7%
Other Asian	19%	25%	-6%
White or Caucasian	19%	29%	-10%
Other	17%	29%	-12%
Unit Load			
Part-time (less than 12 units)	11%	20%	-8%
Full-time (at least 12 units)	17%	27%	-10%
Dependency Status			
Dependent	9%	24%	-15%
Independent	20%	25%	-5%
Student receives Pell Grant			
Yes	21%	26%	-5%
No	10%	23%	-13%
Student with Children			
Yes	18%	26%	-8%
No	17%	23%	-6%
Single Parent Status			
Single parent	29%	39%	-10%
Not single parent	12%	21%	-9%

Homelessness Data Comparison			
	Mt. SAC	CCC	% Difference between Mt. SAC and CCC
Foster Care			
Yes	47%	68%	-21%
No	16%	21%	-5%
Military Status			
Yes	31%	57%	-26%
No	16%	22%	-9%
Employment Status			
Employed	17%	25%	-8%
Not employed, looking for work	18%	23%	-5%
Not employed, not looking for work	5%	14%	-9%
Disability or Medical Condition			
Learning Disability	30%	48%	-18%
Attention Deficit Hyperactivity Disorder (ADHD)	29%	41%	-12%
Autism	27%	58%	-31%
Physical Disability	32%	47%	-15%
Chronic Illness	25%	37%	-12%
Psychological Disorder	26%	31%	-5%